



PennState
Abington

Suicide Prevention Training

Ask a Question, Save a Life

Course Overview

Suicide is a preventable cause of death. In just two hours, we will teach you how to save a life using the evidence-based QPR method: Question - Persuade - Refer.

Join the thousands of people, just like you, who take QPR training each year. Learn how to recognize the warning signs of a suicide crisis and follow the three simple steps to question, persuade, and refer someone to help. You may help save the life of a family member, friend, colleague, or neighbor.

Professional Credit Eligibility

- Continuing Education Units (CEU):** 0.2
- Social Workers (SW):** 0.2
- Continuing Professional Education for CPAs and Accountants (CPE):** 2.0 other
- Continuing Legal Education for Attorneys (CLE):** 2.0 ethics
- Personal Care Home Administrator (PCHA):** 0.2

About the Instructor

Renee C. Cunningham, MSS, is a certified QPR instructor, social worker, and executive director at the Center in the Park, a senior community center in Philadelphia.

Register today or contact us to learn more!

Registration and Information

📞 Contact Theresa Bloom
215-881-7402
tmb17@psu.edu

🌐 abington.psu.edu/suicide-prevention

Schedule

Wednesday,
September 18, or December 4,
6:00-8:00 p.m.

***Cost: \$10/ person**

Location

Penn State Abington
Lubert Commons,
Lares Building
1600 Woodland Road
Abington, PA 19001-3990