



Suicide Prevention Training: Ask the Question-Save a Life

Suicide can be a preventable cause of death. In just two hours, we will teach you how to save a life using the Evidence-Based QPR Method:

Question-Persuade-Refer

3 simple steps that anyone can learn to help save a life from suicide. You will learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Each year thousands of people, just like you, are saying “yes” to learn how to help save the life of a family member, friend, colleague, or neighbor.

Trainer: Renee C. Cunningham, MSS, is a certified QPR Instructor, Social Worker, and Executive Director of the Center in the Park Senior Center, Philadelphia, PA

Please join us for this free program:

Suicide Prevention: Learning the QPR Method of Suicide Prevention

Date: October 3, 2018

Time: 5-7pm or 7-9pm

Location: Penn State Abington

Room/Building: TBD

Credit: .2 CEU

Cost: No charge

Register/Information:

Theresa Bloom

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