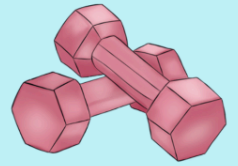


LEHB Health & Wellness Center



9432 Roosevelt Blvd Philadelphia, PA 19115
ALL SERVICES AT THE HEALTH AND WELLNESS CENTER ARE
FOR LEHB MEMBERS AND DEPENDENTS ONLY

BEHAVIORAL HEALTH

Phone #: 267-350-5405

2nd Floor - Private Entrance
By Appointment Only
Mon-Fri 10AM-6PM

LEHB Behavioral Health provides many resources for members, their spouses and children from a skilled team of Psychologists, Licensed Marriage and Family Therapists, Professional Counselors, Psychiatrists and Nurse Practitioners. Individual, Couples and family therapy, as well as Psychiatric evaluations and medication management are available both in person and virtually for any reason to accommodate individual needs. Seminars and workshops are offered at various points throughout the year on pertinent topics including resilience, suicide prevention, trauma and relationships. If you want to go to a provider closer to home and do not wish to be seen virtually, LEHB can help you find the best provider for you outside of the Health and Wellness Center.

TEMPLE MEDICAL OFFICE

Scheduling #: 215-707-2400
Option #2

2nd Floor
M/W 8:30AM-6:00PM *Closed for lunch 12pm-1pm
Tu/Th: 9:30AM-6:00PM *Closed for lunch 12pm-1pm
Fri 8:30AM - 3:00PM *Closed for lunch 12pm-1pm

Nurse Practitioner Anna Morales-Caraballo, DNP-FNP BC is available for members and dependents 15 and older for Primary Care Services, Walk-In sick visits, lab work, EKGS and some vaccines (Shingles, Flu, TDAP, Pneumonia, Hepatitis A and B). Standard Co-pays apply.

DIETITIAN, EMILY ROSENBERG MS, RD, LDN

Phone #: 267-350-5401

2nd Floor
By Appointment Only

LEHB Dietitian Emily can be seen virtually or in person. Services include: Medical Nutrition Therapy, Mindful Eating Weight Management, Sports Nutrition Meal Planning, Eating on a Budget.

FITNESS CENTER

Phone #: 267-350-5400

1st floor
5AM-11PM Mon - Thurs
5AM-10PM Fri
8AM-6PM Sat
9AM-5PM Sun

The LEHB Fitness Center is a full service Gym that is available to only LEHB members and their covered dependents over 15 years old. The fitness center also holds classes such as Zumba, Yoga, Full Body Resistance Training and Line Dancing. LEHB Paperwork and forms CANNOT be dropped off at the Fitness Center.