



## Law Enforcement Health Benefits, Inc.

2233 Spring Garden Street ♦ Philadelphia, PA 19130 ♦ (215) 763-8290 ♦ FAX (215) 763-8808

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### **Certified Tobacco Treatment Specialist**

Telephone support to help members learn about their triggers and make a personalized quit plan. The program offers unlimited sessions and the you do not need to be ready to quit to start being counseled! Members also have access to relapse prevention.

**Please call LEHB at 215-763-8290 if you'd like Cathy to give you a call.**