



AUTISM SPEAKS®
FAMILY SERVICES

AutismSpeaks.org/Family-Services

CONTACT THE AUTISM RESPONSE TEAM

Phone: 888-AUTISM2 (288-4762)

En Español: 888-772-9050

Email: FamilyServices@AutismSpeaks.org

Resources for Young Children

100 Day Kit for Recently Diagnosed Families of Young Children

The **Autism Speaks 100 Day Kit** was created specifically for families of children ages 4 and under to make the best possible use of the 100 days following their child's diagnosis of autism. Topics include information about symptoms, treatment, accessing services, family support and more. Hard copies are available free of charge to qualified families.

Autism Response Team

The **Autism Response Team** connects individuals with autism, family members and professionals in the autism community with resources and information through phone calls and emails. **ART** can help connect you with local service providers, provide information on your child's rights and help you find the right resources for you and your family, including the many available from Autism Speaks. The team can be reached at **FamilyServices@AutismSpeaks.org** or **888-288-4762 (en Español 888-772-9050)**.

Resource Guide / Library

The **Autism Speaks Resource Guide** is a portal of over 75,000 local resources, searchable by zip code, that includes preschools, speech and language therapists, developmental pediatricians, recreation activities and more. The **Resource Library** contains thousands of books, blogs, apps and other products available for individuals of all ages in the autism community.

ATN Tool Kits

Over 20 tool kits have been developed for the autism community by the **Autism Speaks Autism Treatment Network (ATN)**. Specific tool kits for young children include: **Introduction to Behavioral Health Treatments, Visual Supports, A Parent's Guide to Applied Behavior Analysis, Exploring Feeding Behavior, Toilet Training Tool Kit** and much more.

Family Support Tool Kits

The purpose of the **Autism Speaks Family Support Tool Kits** is to help teach family members and friends more about autism and its effects on families, and provide resources and information for optimal quality of life with their loved ones with autism. There are four kits: **Parents, Grandparents, Siblings** and **Friends**.



10 Ways the Autism Response Team Can Help

1. When You Don't Know Where to Start:

The Autism Response Team (ART) is specially trained to connect people with autism, their families and caregivers to information, tools and resources. Call ART at **1-888-AUTISM2 (288-4762)**, **en Español 1-888-772-9050** or email **FamilyServices@AutismSpeaks.org**.

2. Find Local Services: Do you need help finding local autism service providers in your area? **ART** can help you access the **Autism Speaks Resource Guide**, our online national database of service providers and resources searchable by state and zip code.

3. Learn the Signs: Are you concerned your child has a developmental delay? Trust your instincts and contact **ART** to learn how to connect with local **Early Intervention** resources. Early intervention services can make extraordinary differences in your child's development.

4. Find the Right Tools: Contact **ART** to learn more about our **Family Services Tool Kits!** Autism Speaks Tool Kits provide information, timelines, strategies, and more on many topics relevant to the autism community. Examples include the **100 Day Kit, School Community Tool Kit, Special Needs Financial Planning Tool Kit** and more!

5. Newly Diagnosed Children: Learn how to make the best use of the first 100 days after receiving a diagnosis! Families who have a child that has been diagnosed with ASD in the last 6 months can call **ART** to request a complimentary hard copy of our **100 Day Kit for Young Children** or **for School Age Children**.

6. Know Your Child's Rights: Looking for where to start the search for more information on your child's educational rights? Contact **ART** to learn more about the rights and entitlements of children with autism. We can provide resources that will help you prepare for your child's IEP meeting.

7. Stay Informed: **ART** can help you locate a wide variety of autism-related resources listed in the **Autism Speaks Resource Library**. Contact us to find out about the latest books, articles, websites and so much more!

8. Parent Support: Sometimes managing the day-to-day challenges of living with autism is overwhelming and can be isolating! Today, it is estimated that 1 in 68 children is diagnosed with autism in the United States. Contact **ART** for help connecting with other families who know what it's like to "walk in your shoes."

9. Transition to Adulthood: Wondering about how to start planning for your adolescent child's future? Contact **ART** to learn about our **Transition Tool Kit** that provides options to explore as you and your adolescent with autism begin to plan for adulthood.

10. Adult Services: Connecting adults with autism to support services, resources and information is a priority for Autism Speaks. Contact **ART** for more information on local resources for adults with autism, including employment and housing information!



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Family Services Overview

Autism Speaks Family Services is committed to connecting and empowering individuals with autism and their families with resources and information to address the challenges associated with autism throughout the lifespan. Among others, Family Services initiatives and resources include:

Autism Response Team

The **Autism Response Team** is dedicated to answering calls and emails in both English and Spanish from individuals around the country looking for resources and guidance. In 2015 alone, **ART** had over 51,000 contacts! Specialists are available to help with specific topics including financial assistance, adult services, education and more.

Resource Guide

The **Autism Speaks Resource Guide** is a nationwide database that contains over 75,000 resources and provides individuals and families with local resources that service a variety of needs from early intervention through adult care. It is searchable by state or by zip code, resources are organized in over 70 categories. The **Resource Library** contains thousands of books, magazines, apps, safety products and more.

Transition and Adult Services

Autism Speaks is committed to expanding opportunities and services for the growing number of young adults and adults with autism in areas related to housing, employment, postsecondary education, community living, transition and more.

Tool Kits

Autism Speaks has created over 40 tool kits, including our very popular **100 Day Kit** for newly diagnosed families, on topics ranging from transition issues and financial planning to challenging behaviors and toilet training. The various tool kits, available free of charge, have been downloaded over 700,000 times!

Grants

Autism Speaks has grant programs for service providers and families. Grants fund services in the areas of education, recreation, technology and young adult/adult services. Program funding is also awarded to provide scholarships for swimming and water safety lessons, postsecondary education and summer camps. Grants are also available for financially disadvantaged individuals and families during times of unplanned hardship. The grant programs vary by year.

Safety

Autism Speaks' efforts to promote safety in the autism community include providing training, education and resources for first responders, people with autism and their families, and partnering with the **National Center for Missing and Exploited Children** on autism wandering incidents. In addition, Autism Speaks grant programs have funded swimming and water safety lessons, home safety technology, locating devices and more.

Outreach

Regional staff disseminates information in local communities to service providers, community groups and others interested in learning more about autism and Autism Speaks initiatives. Events include town halls, safety fairs, awareness presentations, airport training sessions and more.



Resources for Adults

TheSpectrumCareers.com

The **Spectrum Careers** is a jobs portal designed to connect individuals on the spectrum with jobs and employment support service providers. Employees can use videos and pictures to build their resumes. Many job postings include videos and/or images as well to convey job responsibilities.

Employment Tool Kit

The **Employment Tool Kit** helps people with autism learn how to research, find and maintain employment. The kit includes stories, tips and resources focused on adult employment from a variety of sources, including adults with autism.

Adult Diagnosis Tool Kit

Is It Autism and If So, What Next? A Guide for Adults provides information and resources for adults who think they may have autism, as well as those recently diagnosed with the disorder.

Housing Portal

The **Housing and Community Living** portal enables easy-to-use search options for housing and provides resources and up-to-date news. The portal also includes the **Housing and Residential Supports Tool Kit**, a guide to help identify and secure appropriate residential supports and services.

BILT Curriculum

BILT (Building Independent Lives through Training) course is a first-of-its-kind course to provide best, evidence-based practices to those who support the daily living needs of transition aged students, young adults and adults with autism and related disabilities.

LinkedIn Groups

The **Autism Employment Network** and the **Housing and Residential Supports Network**, powered by Autism Speaks, are LinkedIn networking groups developed to encourage greater employment and housing opportunities for individuals with autism.

Autism & Disability Visual Integration Company Experience (ADVICE)

ADVICE is a three-year initiative in collaboration with funding partners New York Collaborates for Autism and the Poses Family Foundation. Disability consultants help national or regional businesses create autism/disability inclusion hiring initiatives. More information about these services can be found at Autism-Advice.org.

Resource Guide / Library

The **Autism Speaks Resource Guide** is a portal of over 75,000 local resources, searchable by zip code, and includes housing resources, employment services, mental health professionals, day programs and more. The **Resource Library** contains thousands of books, blogs, apps and other products available for individuals of all ages in the autism community.

Autism Response Team

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Resources for School Age Children

100 Day Kit for Newly Diagnosed Families of School Age Children

The **Autism Speaks 100 Day Kit** was created specifically for families of children between the ages of 5 and 13 to make the best possible use of the 100 days following their child's diagnosis of autism. Topics include information about symptoms, treatment, accessing services, family support and more. Hard copies are available free of charge to qualified families.

School Community Tool Kit

The **School Community Tool Kit** is designed to assist all members of the school community in understanding and supporting students with autism. The kit provides helpful information about students with autism and tools and strategies to achieve positive interactions and increase learning for all members of the school community.

Individualized Education Programs: Summary, Process and Practical Tips

This informative booklet was developed by the legal team at **Goodwin Procter LLP** to help families understand the IEP process. The 26 page guide contains an IEP timeline and outlines the steps to take throughout the IEP process. The guide also includes lots of tips, resources and answers to FAQs.

ATN Tool Kits

Over 20 tool kits have been developed for the autism community by the **Autism Speaks Autism Treatment Network (ATN)**. Specific tool kits for school age children include: **Sleep Tool Kits, Medication Decision Aid, Guide to Managing Constipation, Puberty and Adolescence Guide** and much more.

Resource Guide / Library

The **Autism Speaks Resource Guide** is a portal of over 75,000 local resources, searchable by zip code, that includes social skills groups, after school programs, occupational therapists and more. The **Resource Library** contains thousands of books, blogs, apps and other products available for individuals of all ages in the autism community.

Autism Response Team

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...And Many More Resources!

Other Family Services tool kits and resources available to help families of school age children include the **Advocacy Tool Kit, Challenging Behaviors Tool Kit, A Guide for Autism-Friendly Youth Organizations, a Combating Bullying** web portal, information on health and wellness and more!

Resources for Transition Into Adulthood

Transition Tool Kit

The **Transition Tool Kit** is a guide for families in the autism community on the often complicated journey from adolescence to adulthood. This kit will provide you with suggestions and options for you to consider as you set out on this journey toward finding your child's own unique transition plan. Hard copies are available free of charge to qualified families.

Postsecondary Educational Opportunities Guide

The **Postsecondary Educational Opportunities Guide** is designed to help you and your family explore different opportunities and learning environments after leaving high school. Only an estimated 33% of youth with autism attend college. It's important to know the many other options and resources available to young adults. This resource is designed to guide you through your high school years and the years following graduation.

Community-based Skills Assessment

The **CSA** was designed to help parents and professionals assess the current skill levels and abilities of individuals with autism beginning at age 12 and continuing into adulthood in order to develop a comprehensive transition plan. The **CSA** is the first tool to assess needs in the area of community-based living, from transportation to financial management to peer relationships and more.

Special Needs Financial Planning Tool Kit

This tool kit was created to provide you with all of the information you need to develop a plan for your child's financial future. Topics include guardianship, special needs trusts, ABLE accounts and more. The information in the **Financial Planning Tool Kit** comes from top experts in the field with many years of both personal and professional experience with special needs financial planning.

Resource Guide / Library

The **Autism Speaks Resource Guide** is a portal of over 75,000 local resources, searchable by zip code, that includes social skills groups, employment services, postsecondary programs, day programs and more. The **Resource Library** contains thousands of books, blogs, apps and other products available for individuals of all ages in the autism community.

Autism Response Team

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Autism Treatment Network

ATN Member Sites

LEADERS IN CLINICAL CARE OF CHILDREN AND ADOLESCENTS WITH AUTISM

United States - East

Children's Hospital of Philadelphia
Philadelphia, Pennsylvania

Lurie Family Autism Center
Boston, Massachusetts

University of Pittsburgh Medical Center
Pittsburgh, Pennsylvania

University of Rochester Medical Center
Rochester, New York

United States - South

Arkansas Children's Hospital/UAMS
Little Rock, Arkansas

Vanderbilt University Medical Center
Nashville, Tennessee

United States - Midwest

Cincinnati Children's Hospital Medical Center
Cincinnati, Ohio

Nationwide Children's Hospital
Columbus, Ohio

University of Missouri –
Columbia/Thompson Center
Columbia, Missouri

United States - West

Children's Hospital Los Angeles
Los Angeles, California

The Center for Autism & Neurodevelopmental
Disorders at UC Irvine
Santa Ana, California

Canada

Holland Bloorview Kids Rehab/
The Hospital for Sick Children/
Surrey Place Centre
Toronto, Ontario, Canada

Alberta Health Services/
Glenrose Rehabilitation Hospital
Edmonton, Alberta, Canada



The Autism Treatment Network (ATN) is a collaboration of Autism Speaks® and some of the finest children's hospitals and academic institutions in North America, specializing in multi-disciplinary medical care for children with autism. Together, they work to develop evidence-based protocols and standards of care for many of the most challenging medical conditions surrounding autism today. ATN best practices are shared with physicians and medical facilities nationwide to improve outcomes for all children with autism.

Comprised of 13 sites across the United States and Canada, the Autism Treatment Network includes hospitals, physicians, researchers and clinical thought leaders who share a common commitment to:

Improve autism healthcare outcomes through high-quality, data-driven, evidence-based medical care;

Support community clinicians through information-sharing tools, best practices and research studies;

Advance the understanding and application of new knowledge at the front lines of clinical practice;

Engage in and support research relevant to clinical practice of the most complex medical conditions related to autism.

The Network supports:

Family Centered, Multidisciplinary, Team-Based Care

Outreach and Family Education

Dissemination and Training for Professionals

Research Opportunities

Open Access Demographic Database Registry of more than 6,900 patients

For more information on ATN, visit AutismSpeaks.org/ATN

#ASDNext

Are you wondering what's next?

#ASDNext is a new campaign designed to spotlight the most helpful resources and information for Pennsylvania teens and adults with autism.

Visit ASDNext.org

Visit our website, then follow us on Facebook, Twitter, LinkedIn, or Instagram to enter the drawing for great prizes.



1



FOLLOW US
TO WIN PRIZES

2



FIND GREAT
RESOURCES

Not Just Resources

asdnext.org isn't just about boring (but important) information and resources, we want to give you a chance to share your art, stories and talents, too!

#ASDNext

ASDNext.org

How We Help



AUTISM SPEAKS WALK
POWERED BY LOVE

MORE THAN 400,000
people participate in the largest autism fundraising event throughout North America.

\$150 M
invested in primarily scientific grants, resulting in an additional **\$396 million** of funding from public sources focused specifically on autism.

\$3 B
increase in authorized federal research funding for autism over the last 10 years led by Autism Speaks advocacy efforts.

MORE THAN 800,000
copies of Autism Speaks Tool Kits have been provided to families and professionals, offering critical information and support.

AIDED MORE THAN 1 M
people with programs and resources.

OVER 7,000
genome sequences available for research in Autism Speaks MSSNG, the world's largest autism genomic database.

13
medical centers and academic facilities collaborate with Autism Speaks to develop cutting edge clinical care

NEARLY \$900,000
in Autism Speaks Cares funds have assisted families affected by sudden hardships since 2010.

MORE THAN \$8 M
in community grants and scholarships since 2007.

TO MORE THAN 30,000
children each year.

AN ESTIMATED 2.5 M
annual visits to the Autism Speaks Resource Guide, a nationwide database of autism service resources.

tens of thousands
of people receive direct assistance each year.

Autism Speaks is enhancing lives today and accelerating a spectrum of solutions for tomorrow.

Have questions or need help?

Contact the Autism Response Team 888-AUTISM2 en Español 888-772-9050 or email FamilyServices@AutismSpeaks.org