

WEIGHT LOSS GLP-1

Express Scripts covers Zepbound and Wegovy for weight loss with certain requirements

1 | CRITERIA

In order for the medications to be covered, you must have a BMI of 32 or greater OR a BMI of 27-31 with documentation of two comorbid conditions.

Your doctor will be required to provide documentation during the prior authorization process.

You must also enroll and engage with Omada, a virtual health program. Omada helps members create healthier habits to achieve long-lasting results. In order to have your medication covered you will need to meet the following requirements each month.

2 | REQUIREMENTS TO STAY COVERED

1. Use the Omada App by doing lessons or engaging with your health coach, peer group or online community.
2. Weigh in four times using the smart scale provided by Omada.
3. Lose at least 5% of your body weight during the period before your first prior-authorization renewal.

3 | STEPS TO GET YOUR MEDICATION COVERED

1. Your doctor has to submit the prescription to the pharmacy which will be rejected as "Not covered - engage with Omada".
2. You can create an account by going to express-scripts.com, logging in or creating an account and clicking "Health Solutions" once you sign in. You will then click the Omada link and follow the prompts.
3. You will have to fill out a questionnaire to ensure you are eligible. 24 hours after the questionnaire is completed, Omada sends Express Scripts a notification that you are eligible for the provider to start the prior-authorization.
4. At this point the pharmacy will send a notification to the provider to start the PA process or you can reach out after 24 hours to let the provider know the PA needs to be completed.
5. Express Scripts will use the information in the questionnaire and the information given by the provider to determine if the prior-authorization will be approved.
6. The doctor has to visit the Express Scripts online portal at esrx.com/PA or call the Express Scripts Prior Authorization department at 800-417-1764 to arrange for a prior authorization review.

4 | OTHER INFO

Please note, if you fail to meet the requirements listed above, your next prior-authorization will not be approved and you will have to wait 1 year to re-enroll in the program.

This program is only for weight loss GLP-1 medications such as Wegovy and Zepbound. The requirements for Diabetic GLP-1 medications such as Ozempic and Mounjaro differs.

For info on how to get Ozempic and Mounjaro approved for diabetics please call LEHB at 215-763-8290. If you are not a Type II Diabetic, you are not eligible for Ozempic and Mounjaro.

5 | COST

GLP-1s are a high cost medication. Please be aware that LEHB has an \$18,000 prescription tier. If LEHB pays \$18,000 for your medications, you will have to pay 50% of the cost until you reach the out-of-pocket maximum (\$6,000 individual, \$12,000 family).

LEHB sends letters as a courtesy to help you keep track of your spend, however due to the timing of claims processing and the time it takes to generate and mail the letters, they will not be 100% accurate. You can keep track of your spend by creating an Express Scripts account and downloading the app or calling Express Scripts customer service at 1-800-282-2881.